

# SETUP AND TIMING

TRACK: \_\_\_\_\_ DATE: \_\_\_\_\_ EVENT: \_\_\_\_\_

## INITIAL SETTINGS

## FINAL SETTINGS

	FRONT	REAR		FRONT	REAR
Ride height					
Preload					
Rebound					
HS compression					
LS compression					
Fork oil					
Oil level/Gas pressure					
Spring rate					
Rider sag					
Free sag					
Tire size/compound					
Tire pressure					
Gearing					

### NOTES

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